

# AUR Radiology Resident Academic Leadership Development (ARRALD) Program

Monday, May 7, 2018

|                   |   |                                 |
|-------------------|---|---------------------------------|
| 7:00am – 8:00am   | <b>Session No. 101</b><br><b>ARRALD Program 1</b><br>Introduction to Leadership<br><i>Course Directors: Ruth C. Carlos, MD, MS</i><br><i>James V. Rawson, MD</i>  | (Allendale B)                   |
| 8:00am – 9:30am   | <b>Session No. 102</b><br><b>AUR Welcome, Plenary and Keynote:</b><br><b>The Intern Health Study: Insights into Depression During Medical Training and the Biology of Stress and Resilience</b><br><i>Speaker: Srijan Sen, MD, PhD</i>  | (International Ballroom II-III) |
| 10:00am – 11:30am | <b>Session No. 104</b><br><b>Education Track 1: Key Additions to Your Curriculum</b>  | (International Ballroom II-III) |
| 12:00pm – 1:00pm  | <b>ARRALD Mentorship Lunch</b>  | (Seminole)                      |
| 1:00pm – 2:30pm   | <b>Session No. 110</b><br><b>ARRALD Program 2</b><br>1:00pm – 1:45pm<br>Networking in the Radiology Profession/Community<br><i>Faculty: Ruth C. Carlos, MD, MS</i><br><br>1:45pm – 2:30pm<br>Networking Exercise – ‘Speed Networking’<br><i>Faculty: Ruth C. Carlos, MD, MS</i>                             | (Allendale B)                   |
| 4:00pm – 5:30pm   | <b>Session No. 120</b><br><b>ARRALD Program 3</b><br>4:00pm – 5:30pm<br>Junior Faculty Panel: Balancing Life and Career in Academic Radiology<br><i>Moderator: Jadranka Stojanovska, MD</i><br><i>Panelists: Cheri L. Canon, MD</i><br><i>Christopher P. Hess, MD, PhD</i><br><i>Hedvig Hricak, MD, PhD</i> | (Allendale B)                   |
| 6:30pm – 8:30pm   | <b>Welcome Reception</b>  | (Golf Course Commons)           |

# AUR Radiology Resident Academic Leadership Development (ARRALD) Program

Tuesday, May 8, 2018

|                   |   |  |
|-------------------|---|--|
| 8:00am – 9:30am   | <b>Session No. 204</b><br><b>AMSER Lucy Squire and APDR/ACR Keynote Lecture<br/>Cultivating Mindfulness and Resilience for Ourselves<br/>and Our Trainees</b><br><i>Speaker: Frederick J. Marshall, MD</i>  | <b>(International Ballroom II-III)</b> |
| 10:00am – 12:00pm | <b>Session No. 210</b><br><b>ARRALD Program 4</b><br>10:00 – 11:00am<br>Leadership Examples, Theory, and Lessons Learned<br><i>Faculty: Alexander Norbash, MD</i><br><br>11:00 – 12:00pm<br>Critical Communication Skills and Conflict Resolution<br><i>Faculty: Carolyn C. Meltzer, MD</i>   | <b>(Allendale B)</b>                   |
| 12:00pm – 1:00pm  | <b>Luncheon and AUR Business Meeting</b>  | <b>(National Ballroom B-C)</b>         |
| 1:00pm – 1:45pm   | <b>Vydareny Imaging Interpretation Competition 1</b>  | <b>(National Ballroom B-C)</b>         |
| 2:00pm – 3:00pm   | <b>Session No. 213</b><br><b>Psychology of Leadership in Radiology</b>  | <b>(International Ballroom I)</b>      |
| 3:00pm – 5:30pm   | <b>Session No. 221</b><br><b>ARRALD Program 5</b><br>3:00pm – 4:00pm<br>Radiological Professional Organizations:<br>Making Sense of the ‘Alphabet Soup’<br><i>Faculty: N. Reed Dunnick, MD</i><br><br>4:00pm – 4:30pm<br>Introduction to Process Improvement and Quality<br><i>Faculty: Cindy S. Lee, MD</i><br><br>4:30pm – 5:30pm<br>PB&J: A Process Improvement Case<br><i>Faculty: Ruth C. Carlos, MD, MS</i><br><i>James V. Rawson, MD</i> | <b>(Allendale B)</b>                   |
| 5:30pm – 6:30pm   | <b>Beer and Pretzel Reception</b>   | <b>(The Grand Salon)</b>               |

# AUR Radiology Resident Academic Leadership Development (ARRALD) Program

Wednesday, May 9, 2018

|                   |  |  |
|-------------------|--|--|
| 8:00am – 9:30am   | <b>Session No. 303</b><br><b>ARRALD Program 6</b><br>Practice Improvement Workshop<br><i>Faculty: Ruth C. Carlos, MD, MS</i><br><i>James V. Rawson, MD</i> | <b>(Allendale B)</b>                   |
| 10:00am – 11:30am | <b>Session No. 309</b><br><b>Brogdon Panel:</b><br><b>Understanding and Mitigating Burnout</b><br><b>Across Various Practice Settings</b>                  | <b>(International Ballroom II-III)</b> |
| 12:00pm – 1:00pm  | <b>AUR Awards Luncheon</b>   | <b>(National Ballroom B-C)</b>         |
| 1:00pm – 2:30pm   | <b>Scientific Sessions</b>   |  |
|                   | SS01: Resident Education 1   | <b>(Colonial)</b>                      |
|                   | SS02: Resident Education 2   | <b>(Augusta)</b>                       |
|                   | SS03: Medical Student Education  | <b>(Congressional)</b>                 |
|                   | SS04: Leadership and Education   | <b>(International Ballroom II-III)</b> |
|                   | SS05: Clinical Subspecialties  | <b>(International Ballroom I)</b>      |
|                   | SS06: RAHSR Scientific Session (Health Services Research)  | <b>(Allendale B)</b>                   |
| 3:00pm – 4:30pm   | <b>Session No. 317</b><br><b>Problem Solving for Program Directors,</b><br><b>Chairs and Coordinators</b>  | <b>(International Ballroom II-III)</b> |

# AUR Radiology Resident Academic Leadership Development (ARRALD) Program

Thursday, May 10, 2018

|                   |  |                                  |
|-------------------|--|----------------------------------|
| 8:00am – 9:30am   | <b>Session No. 405</b><br><b>Leadership Track 2: Can We Do Research in Radiology Leadership?</b>   | <b>(Congressional)</b>           |
| 10:00am – 12:00pm | <b>Session No. 414</b><br><b>ARRALD Program 7</b><br>Leadership: Putting it all Together<br><i>Faculty: Ruth C. Carlos, MD, MS</i><br><i>James V. Rawson, MD</i> | <b>(Allendale A)</b>             |
| 6:30pm – 7:30pm   | <b>Annual Banquet Cocktail Reception*</b>  | <b>(National Ballroom Foyer)</b> |
| 7:30pm – 10:00pm  | <b>Annual Banquet and Awards Ceremony*</b>   | <b>(National Ballroom C)</b>     |

\*Sessions marked with an asterisk are optional.