

Dear Current, Past, and Rising Chief Residents in Radiology,



Welcome to the Spring 2018 edition of *Aspire*, the semi-annual newsletter of the American Alliance of Academic Chief Residents in Radiology (A³CR²). For the newly minted chief residents, congratulations

on your appointments and welcome to our community. A³ is the organization, under the Association of University Radiologists (AUR), dedicated to empowering chief residents to succeed in this important leadership role. It is my honor to invite you to the 66th annual AUR meeting, being held May 7-10, 2018, in sunny Orlando, FL at the Omni Orlando Resort at ChampionsGate. Over the past several months, the steering committee, under the guidance of faculty advisor Dr. Peter Liu, has been hard at work putting together a fantastic program. Aside from the exciting line up of speakers, the AUR 2018 meeting will serve as a great platform for networking, leadership development, and collaboration with your peers. This year's timely theme is "Health and Well-being of the Profession and the Professional." With all the talk recently about physician burnout, it is critical that as chief residents we develop an understanding of this topic to best serve our junior colleagues. The centerpiece of the AUR meeting will be the annual Brogdon Panel with the title of "Understanding and Mitigating Burnout Across Various Practice Settings," which will be an exciting panel of people from both academic and private practices moderated by Dr. Richard Gunderman.

The training track sessions will have a panel discussion on the "Psychology of Leadership" with panelist Drs. Frank Lexa, Cheri Canon, and Alex Norbash. Other sessions will focus on how to maximize your success with social media led by Dr. Amy Patel, Interviewing and Diversity by Dr. Nolan Kagetsu, effective teaching methods by Dr. Dave Naegar, and effective mentoring with Drs. Carolyn Meltzer and Mahan Mathur. As with prior years, we will have robust problem-solving sessions, one amongst A³ members and a following joint session with the Association of Program Directors in Radiology to tackle challenges facing chief residents. Potential topics include core exam preparation, communication between chiefs and program directors, and managing residents with deficiencies.

We will also be bringing back the popular ideas forum, which is a closed A³ session, to offer an opportunity for chief residents to talk candidly about issues at their programs and how other chiefs may be handling similar issues. Finally, we will again have the rapid, case-based review sessions encompassing the topics on the core exam, including physics, spread throughout the week.

AUR programming content aside, we will also have many social events including the welcome reception, annual Beer and Pretzel session, and an informal A³ evening event. Lastly, being in Orlando, don't miss the opportunity to check out the world-renowned amusement parks. On behalf of the Executive Committee, I hope you can join us for this amazing weeklong experience!

Daniel A. Ortiz, MD
A³CR² President
Eastern Virginia Medical School



*Omni Orlando Resort at ChampionsGate
Orlando, Florida
Site of 2018 Annual Meeting of the Association
of University Radiologists
May 7-10, 2018*

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A³CR² MISSION

The American Alliance of Academic Chief Residents in Radiology is a robust community whose mission is to develop leadership skills in chief residents, to foster the collaboration of chief residents with one another and with the leaders of academic radiology, and to advance the interests of radiology residents in the affairs of organized medicine.

SENIOR FACULTY MENTOR UPDATE

Hello and welcome! I want to thank you for your interest in the American Alliance of Academic Chief Residents in Radiology (A3CR2), one of the affinity groups of the Association of University Radiologists (AUR). This unique organization is comprised of chief residents from the various radiology resident training programs across the country, along with several faculty mentors. As such, it is an opportunity for chief residents to liaison and network with other peers from



across the country and grown longitudinal relationships that will likely continue well into your careers. Interestingly, I was recently talking with 3 friends from other practices about various issues, and I realized that we had all crossed paths as members of A3CR2 at a prior AUR meeting over a decade ago.

With spring upon us, it signals that the annual AUR meeting is right around the corner. This year's meeting will take place from May 7- May 10, 2018 at the Omni Orlando Resort at ChampionsGate, in Orlando Florida. The meeting theme is "Health and Well-Being of the Profession and Professional."

As the senior faculty mentor for the A3CR2, I'm thrilled with the work that the executive and steering committees have done this year. This group has really taken ownership for the meeting programming, imprinting their own interests, ideas, and speakers for the content. Some of the A3CR2 content highlights will include sessions regarding effective teaching methods,

successful mentorship, social media strategies, emotional intelligence, interviewing concepts, and leadership development. When planning this year's Brogdon Panel, the resident leadership had asked for a deeper exploration of burnout as it relates to our profession and us individually. The popular small-group sessions for A3CR2 members remain integral core parts of the A3CR2 program, allowing chief residents to participate in open discussion of topics and solutions relevant to each other's practices. Finally, the clinical review topics have been refreshed with several new speakers and topics, using the rapid-fire case review style that has become a model for other conferences. I want to commend the A3CR2 resident leadership for putting so much great thought into the programming and taking such an active role in executing it.

I want to also recognize the other A3CR2 faculty advisors who help make the programming so successful. These individual represent a mix of senior and junior faculty from various institutions, including several current or former program directors, and former chief residents/alumni of A3CR2. The roster includes: Matthew R. Hammer (UT-Southwestern), Darel E. Heitkamp (Indiana University), Ramesh S. Iyer (University of Washington), Tan-Lucien H. Mohammed (University of Florida), Charles S. Resnik (University of Maryland), Richard B. Ruchman (Monmouth Medical Center), and Shane A. Wells (University of Wisconsin).

Finally, I believe the AUR annual meeting truly does have something for everyone, including clinical topics, leadership training, educator pearls, and research endeavors. So whether this is your first time to the AUR meeting or a returning chief resident, I encourage you to explore the meeting fully. I'm certain you will find something that resonates with you. I look forward to seeing you in Orlando!

Peter S. Liu, MD
A3CR2 Senior Faculty Mentor
Cleveland Clinic

AUR AWARD WINNERS 2018

Congratulations! The award presentations will take place during the AUR Annual Meeting in Orlando, FL, May 7-10, 2018.

AUR Gold Medal Awards

Carolyn C. Meltzer, MD
Felix S. Chew, MD MBA

APDR Achievement Awards

J. Mark McKinney, MD

SCARD Visionary Leadership Award

Dieter R. Enzmann, MD

A³CR² Outstanding Teacher Award

Alberto A. Simoncini, MD

ACER Achievement Award

Mark E. Mullins, MD, PhD

AMSER Excellence in Education Award

Sravanthi Reddy, MD

RAHSR Achievement Award

Ella A. Kazerooni, MD, MS

RRA Innovation and Leadership Award

King C. Li, MD, MBA

AUR Memorial Award

Travis Wassermann, MPH

Joseph E. and Nancy O. Whitley Award

Nicholas A. Koontz, MD

A³CR² Research Award

Sarah I. Kamel, MD

AMSER Henry Goldberg Medical Student Award

Joshua S. Harford, BS

Radiology Alliance for Health Services Research (RAHSR) Harvey L. Neiman Award

Patricia Balthazar, MD

RRA New Investigator Award

Lars J. Grimm, MD

AUR Trainee Prize

Paper

1st Place – Anna Trofimova, MD, PhD
2nd Place – Atul Padole, MD
3rd Place – Sana Parsian, MD

Poster or Exhibit

1st Place – Iris Chen, MS, BD
2nd Place – Mary D. Maher, MD
3rd Place – Daniella Asch, MD

2018 Gold Medal Award Highlight

Dr. Carolyn Meltzer is a recipient of an AUR Gold Medal Award.



Dr. Meltzer is from Emory University where she serves as the William Patterson Timmie Professor and Chair of the Department of Radiology and Imaging Sciences. Dr. Meltzer has spent her career as a neuroradiologist and nuclear medicine physician with NIH-funded research on the application of PET to understanding neuroreceptor function and dysfunction. She is known for investing her energy in developing faculty, trainees, and students. While at Emory, Dr. Meltzer has also served as the Director of the Research Technologies Program for the Atlanta Clinical and Translational Science Institute.

Please join us in congratulating Dr. Carolyn Meltzer as a recipient of the AUR Gold Medal Award.

Mike Kassin, MD
Publications Committee Chair
Emory University

A3CR2 Outstanding Teacher Award

We would like to congratulate Dr. Alberto Simoncini from Louisiana State University Health Sciences Center Shreveport for being selected as the winner of this year's A3CR2 Outstanding Teacher Award. Dr. Simoncini became the residency program director in the fall of 2016, and since that time, his residents report a "renewed sense of hope" in the program.

In their nomination letter, the LSUHSC-S residents shared that he has revamped the residency didactic curriculum and instituted their first structured reading program. Dr. Simoncini attended every resident lecture for an entire academic year in order to experience their education first hand and make changes for improvement. Not only has he given dozens of impromptu lectures himself, he has invited more physician lecturers to diversify learning opportunities and helped initiate a weekly interesting case conference. He has also instituted a new policy for research and has substantially increased residents' scholarly achievements.

His residents note that he genuinely values their input and routinely solicits suggestions for improvement. This has resulted in numerous positive changes including a new physics lecturer, new teaching schedule and materials, a moonlighting program, and an IR call room, amongst many others.

In his short tenure as program director, Dr. Simoncini has already realized many successes, for example, an increase in DXIT exam scores by an aggregate 73% in 2017 and a 100% core exam pass rate. His residents report that conference attendance and participation



have "skyrocketed," and there has been an increase in view-box teaching. This past academic year, he was voted "Teacher of the Year" by his residents.

The LSUHSC-S residents conclude their nomination: "Dr. Simoncini, a lifelong learner committed to teaching, has made a lasting impact not only in his section, but in our residency program as a whole. His approach to this residency has built a

new foundation for sustained academic excellence."

Congratulations!

Daniella Asch, MD
A3CR2 Secretary
Yale University



WELCOME FROM THE EXECUTIVE COMMITTEE

The Executive Committee eagerly invites you to attend and participate in the A³CR² program at the 2017 meeting of the AUR! We encourage new chief residents to actively engage in the various leadership and networking opportunities that will be available. Looking forward to seeing everyone in sunny Florida!

President:	Daniel Ortiz, MD Eastern Virginia Medical School
Vice President:	Dexter Mendoza, MD Emory University
Secretary:	Daniella Asch, MD Yale University
Treasurer:	William Sherk, MD University of Michigan
Immediate Past President:	Robert Hobohm, MD University of Cincinnati

SNEAK PEAK - A³CR² PROGRAM FEATURES BROGDON PANEL SPEAKERS

The topic for this year's Brogdon Panel is: "Professional Burnout." There are four invited panelists reflecting the various practice settings in Radiology as well as the different career positions:

Dr. Richard Gunderman MD, PhD is an academic pediatric radiologist at Indiana University. He serves as Professor and Vice Chairman in the Department of Radiology. He also holds appointments in the departments of Pediatrics, Medical Education, Philosophy, Liberal Arts, Philanthropy, Medical Humanities and Health Studies at Indiana University. Dr. Gunderman will be providing a big picture view of the issues related to Professional Burnout and discuss the importance of the issue. He will overview burnout and professional stressors including both those that are real and perceived.

Dr. Corrie Yablon is an academic musculoskeletal radiologist at the University of Michigan. She serves as Associate Professor of Radiology, Program Director of the Musculoskeletal Radiology Fellowship, and Chair of the Residency Selection Committee. In addition to providing a female perspective on the panel, Dr. Yablon will discuss her experience in both private practice and academics.

Dr. Kurt Schoppe is an abdominal/interventional private practice radiologist at Radiology Associates of North Texas. In addition to his administrative roles for one of the largest private practice groups in Radiology, Dr. Schoppe also has broad experience in health care policy with the American College of Radiology. He currently serves as an advisor to the Relative Value Unit Update Committee (RUC) which helps to decide payments for medical services on a national level. He will be discussing the stresses and intellectual reward associated with private practice and involvement in health care policy.

Dr. Dexter Mendoza is a fourth year radiology resident at Emory University where he serves as a Chief Resident. Dr. Mendoza is the vice president of the American Alliance of Academic Chief Radiology Residents (A3CR2). He will be discussing the resident perspective of burnout and unique stressors for residents.



Dr. Richard Gunderman



Dr. Corrie Yablon

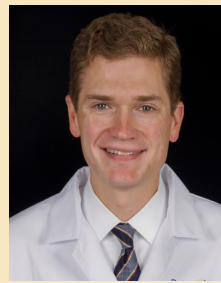


Dr. Kurt Schoppe



Dr. Dexter Mendoza

CHIEF RESIDENT SURVEY RESULTS



For over 40 years, the chief residents at the Mallinckrodt Institute of Radiology have conducted a survey of radiology chief residents across the country on behalf of A3CR2 to follow trends in residency programs, resident education, chief resident responsibilities, and core exam preparation. Topics on this year's survey include the integration of interventional radiology training with the traditional diagnostic radiology residency, core exam preparation methods, and after-hours attending coverage. New this year are questions about how chief residents will change with the new IR pathways and a look into resident exposure to informatics, 3D-printing, and global health. We look forward to sharing the results at the 2018 AUR meeting in Orlando.

Andrew Wallace, MD
Survey Committee Chair
Mallinckrodt Institute of Radiology



2018 A³CR² PRELIMINARY SCHEDULE

66th Annual Meeting, May 7-10, 2018

Omni Orlando Resort at ChampionsGate

“Health and Well-being of the Profession and Professional”

Monday, May 7, 2018

- 7:30 am – 8:00 am Chief Resident Welcome and Annual Survey Results
- 8:00 am – 9:30 am AUR Plenary Session
- 10:00 am – 10:30 am Case Review: Neuroradiology
- 10:30 am – 11:30 am ABR Update for Residents
- 12:00 pm – 1:00 pm A³CR² Networking Lunch (A³CR² members only)
- 1:00 pm – 1:30 pm Effective Teaching Methods
- 1:30 pm – 2:30 pm ACR Update for Residents
- 3:00 pm – 3:30 pm Case Review: Ultrasound
- 3:30 pm – 4:30 pm Idea Forum (A³CR² members only)
- 4:30 pm – 5:30 pm AUR Special Session: LGBT-related State Laws: How Can Academic Radiology Respond
- 6:30 pm – 8:30 pm AUR Welcome Reception

Tuesday, May 8, 2018

- 7:00 am – 8:00 am Poster Discussions
- 1:00 pm – 1:45 pm Vydareny Imaging Competition
- 2:00 pm – 3:00 pm Psychology of Leadership in Radiology
- 3:00 pm – 3:30 pm Case Review: Physics
- 4:00 pm – 5:00 pm Problem Solving (A³CR² members only)
- 5:00 pm – 5:30 pm Case Review: Nuclear Medicine
- 5:30 pm – 6:30 pm Beer & Pretzels Reception

Wednesday, May 9, 2018

- 7:00 am – 8:45 am Success in Social Media
- 8:45 am – 9:30 am Effective Mentoring
- 10:00 am – 11:30 am Brogden Panel: Understanding & Mitigating Burnout Across Various Practice Settings
- 12:00 pm – 1:00 pm Luncheon & AUR Awards Ceremony
- 3:00 pm – 4:30 pm Problem Solving for Residents, PDs, Coordinators and Chairs
- 4:30 pm – 5:00 pm A³CR² Business Meeting and Elections

Thursday, May 10, 2018

- 8:30 am – 9:00 am Case Review: Thoracic
- 9:00 am – 9:30 am Case Review: Cardiac
- 9:30 am – 10:00 am Case Review: Head & Neck
- 10:00 am – 10:30 am Interviewing and Diversity
- 10:30 am – 11:00 am Case Review: Breast
- 11:00 am – 11:30 am Case Review: MSK
- 1:00 pm – 1:30 pm Case Review: Genitourinary
- 1:30 pm – 2:00 pm Case Review: Vascular and Interventional Radiology
- 2:00 pm – 2:30 pm Case Review: Gastrointestinal
- 2:30 pm – 3:00 pm Case Review: Pediatric
- 6:00 pm – 7:00 pm Annual Banquet Cocktail Reception
- 7:00 pm – 9:00 pm Annual Banquet & Awards Ceremony



HOW TO BECOME A MEMBER

A3CR2 membership is available to all current and former radiology chief residents. We encourage all to take advantage of this rewarding opportunity to participate in a network of our peers. To join, simply fill out the application posted on the AUR website (www.aur.org/A3CR2/membership/) and pay the \$75 membership fee.



Daniella Asch, MD
A3CR2 Secretary
Yale University

Note that AUR membership is also required to join A3CR2. The AUR membership dues are prorated for the remainder of the academic year if you join after January 1st.

We encourage everyone to pay their dues before attending the A³CR² program at AUR 2018.

AUR American Alliance of Academic Chief Residents in Radiology (A³CR²)
2017-2018 Membership Application and Biographical Data Form

A³ American Alliance of Academic Chief Residents in Radiology - A³CR²

Name in Full: _____ Degree: _____

Dept./Institution: _____

Address: _____ Birth (mm/dd/yy): _____

City, State, Zip: _____

Office Phone: _____ E-mail Address: _____

PREFERRED ADDRESS FOR CORRESPONDENCE AND JOURNAL (if different from above):
Address: _____ City, State, Zip: _____

Please complete: Medical School: _____ (Place) _____ (Graduation Year)

Internship: _____ (Place) _____ (Dates)

Residency: _____ (Place) _____ (Dates-include completion date)

Membership in the AUR is required in order to participate in A³CR². Please submit A³CR² fee and AUR membership dues payment with application. If you are unsure of your AUR membership status, contact the AUR Office.

_____ Full Year Membership \$135
July 1, 2017 through June 30, 2018
(AUR Dues \$60 and A³CR² Fee \$75)

_____ Partial Year Membership \$105*
January 1, 2018 through June 30, 2018
(AUR Dues \$30 and A³CR² Fee \$75)

_____ I am currently a chief resident. *New Members Only

_____ I am a former chief resident.



Representation at Intersociety Meetings



The AMA is the largest association of physicians in the United States. The principal vision for the AMA is to enhance the delivery of care and enable physicians and health teams to partner with patients to achieve better health. Joining with members from across the country and from each medical specialty, the AMA meets twice per year to discuss policy. This past June, the annual AMA meeting was held in Chicago, and I was privileged to attend as the A³CR² delegate.

As the A³CR² delegate to the AMA Resident and Fellow Section, I was honored to participate as a voting member for the AMA-RFS caucus. The Resident and Fellow Section provides resources to empower its members to be advocates for patients, the medical profession and the future of health care. A variety of many important residency and fellowship issues were discussed and debated. I voted on these issues in manner that I felt best represented the interests of radiology residents and fellows. It was a truly unique experience for which I am grateful to the AUR and A³CR² for the opportunity to participate. I would encourage any other resident or fellow to be an active member in the AMA to help advocate for physicians and trainees across the country.

Sammy Yacob, MD
AMA Liaison
University of Cincinnati



Now up and running -
A³CR² Facebook page
(www.facebook.com/A3CR2)

Use it as a medium to communicate with fellow A³CR² members and as a source to follow updates regarding A³CR². AUR and RSNA meeting specific updates will be posted here as well.

LEADERSHIP OPPORTUNITIES

The Elections Committee is pleased to announce open elections for the 2018-2019 A³CR² Executive and Steering Committee to be held at the 2018 AUR meeting in Orlando.

Elections Process

Those A³CR² members who are interested in taking on extra responsibility are encouraged to run for positions within the Executive and Steering Committees. Executive Committee positions will be chosen first, consisting of a President, Vice President, Secretary, and Treasurer. The Steering Committee Chair and Membership positions will then be filled, with the roles and responsibilities as listed below. The winners of the election process for both the Executive and Steering Committees will be decided through a card draw. Full details will be announced during the A³CR² Business and Elections Meeting on Tuesday, May 8th.



Offices of the Executive Committee

President

Responsible for coordinating efforts of the executive and steering committee with the goal of advancing the Alliance

Vice President

Assists President with planning annual AUR meeting and leads education and outreach efforts

Secretary

Keeps a record of the meeting proceedings and conference calls
Serves as Chair of Publications Committee, responsible for creating the biannual newsletter

Treasurer

Acts as principal accounting and financial officer while supervising the fiscal affairs of A³CR²

Immediate Past President



Steering Committee Chairs

Program Committee Chair

Organizes the annual A³CR² program in coordination with the executive committee and senior faculty advisor

Membership Committee Chair

Oversees chief resident membership, meeting attendance, and dues collection

Maintains a current address list of the members of A³CR²

Publications Committee Chair

Assembles and publishes the biannual A³CR² newsletter

Electronic Communications Committee Chair

Maintains the A³CR² website and considers ways to improve traffic to the website by improving content

Manages social media resources to promote A³CR² networking opportunities

Rules Committee Chair

Maintains and updates the A³CR² bylaws

Awards Committee Chair

Responsible for soliciting nominations and selecting (in association with the executive committee) A³CR² award winners

Elections Committee Chair

Informs potential candidates of the available offices and responsibilities prior to AUR meeting

Organizes elections of A³CR² executive committee and steering committee chairs

Survey Committee Chair

Creates and distributes annual chief resident survey; analyzes and presents the results at the AUR meeting

Currently exclusively maintained by Chief Residents of Washington University, St. Louis

ABR Liaison

ACR Liaison

APDR Liaison

2017-2018 A³CR² STEERING COMMITTEE

Officers

President	Daniel Ortiz, MD	Eastern Virginia Medical School
Vice President	Dexter Mendoza, MD	Emory University
Secretary	Daniella Asch, MD	Yale University
Treasurer	William Sherk, MD	University of Michigan
Immediate Past President	Robert Hobohm, MD	University of Cincinnati

Faculty Advisors

Senior Faculty Advisor	Peter Shou-Cheng Liu, MD	Cleveland Clinic
Faculty Advisors	Matt Hammer, MD	UT Southwestern
	Darel Heikamp, MD	Indiana University
	Ramesh Iyer, MD	University of Washington
	Tan-Lucien Mohammed, MD, MS	Cleveland Clinic
	Charles S. Resnik, MD	University of Maryland
	Richard Ruchman, MD	Monmouth Medical Center
	Shane Wells, MD	University of Wisconsin

Committees

Awards	Gregory Matthews, MD Anand Patel, MD	Wake Forest School of Medicine University of Alabama, Birmingham
Elections	Matthew Manganaro, MD Anthony Trace, MD, PhD Elaine Pigman, MD	University of Michigan Eastern Virginia Medical School University of Utah
Electronic Communications	Tamin Khaddash, MD Varum Sethi, MD	Temple University Temple University
Membership	W Tania Rahman, MD Michael Magnetta, MD Guangzu Gao, MD	University of Michigan University of Pittsburgh Yale University
Publications	Mike Kassim, MD	Emory University
Survey Committee	Andrew Wallace, MD	Mallinckrodt Institute of Radiology
Program	Julie Birch, MD Nisha Swaminathan, MD	UT Southwestern University of Mississippi Medical Center
Problem Solving	Matthew Kiczek, MD Benjamin Triche, MD	Cleveland Clinic University of Alabama Birmingham
Case Review	Katherine Barton, MD Michael Bayona, MD	University of Vermont Medical Center University of Utah
Idea Forum	Carson Kisner, MD Kaley Pippin, MD Adam Jaster, MD	LSU Health Sciences Center University of Kansas Medical Center University of Texas Southwestern
Brogdon Panel	Naiim Ali, MD Daniel Adamo, MD	University of Vermont Medical Center Mayo Clinic Rochester
Rules	Zachary Nuffer, MD	University of Rochester
AAPM Liason	Hafez Khalili, MD Andrew Matthews, MD	Ochsner Clinic Ochsner Clinic
ABR Liaison	Chad Klochko, MD Valerie Stine, MD James Spain, MD	Henry Ford Wake Forest School of Medicine Henry Ford Hospital
ACGME Liaison	Kristin Kinsman, MD Selwan Abdullah, MD Brian Bussey, MD, MS Ryan Sieve, MD	Mayo Clinic Rochester University of Maryland Vanderbilt University University of Cincinnati
ACR Liaison	Shannon Kim, MD	Eastern Virginia Medical Center
AMA Liaison	Sammy Jacob, DO Tyler McKinnon, MD	University of Cincinnati Vanderbilt University
APDR Liaison	Brian Lee, MD Josh Wertz, MD Stuart Deaderick, MD Ilyas Chiali, MD	University of California San Francisco University of New Mexico University of South Florida Monmouth Medical Center